



RECIPE CARD

Strawberry - Basil Popsicles

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These popsicles are fresh and healthy and perfect for cooling off!

Ingredients

- 2 tablespoons **Sugar**
- 1/2 cup **Water**
- 3 stalks **Basil**
- 2 cups **Coconut Water**
- 2 cups **Strawberries** frozen

Directions

1. To prepare the basil simple syrup, combine sugar and water in a small saucepan. Bring to a low boil and stir until sugar dissolves. Turn off heat and add basil sprigs. Allow to cool, about 10 minutes. Discard basil sprigs and transfer to a jar.
2. Combine ¼ cup basil simple syrup with strawberries and coconut water in a blender and process until smooth.
3. Pour into popsicle molds and freeze.

