



RECIPE CARD

SUMMER SALAD WITH BLUEBERRY BALSAMIC DRESSING

Summer Salad with Blueberry Balsamic Dressing

This recipe serves 2

Ingredients

Salad

- 2 cups **blueberries**
- 2 cups **mixed greens**
- 1/2 cup **crumbled bleu cheese**
- 1/2 cup **toasted walnuts**

Dressing

- 1/4 cup **blueberries**
- 1/4 cup **balsamic vinegar**
- 1/4 cup **olive oil**
- 1.5 teaspoons local **honey**
- 1.5 teaspoons **Dijon Mustard**
- Salt and pepper to taste

Directions

1. Toss spring greens, blueberries (2 cups), bleu cheese and walnuts together in a large bowl. Set aside. Blend remaining blueberries, balsamic vinegar, olive oil, honey, and dijon together in a blender until dressing is smooth. Season dressing with salt and pepper, to taste. Pour dressing over salad and toss to coat.



Recipe adapted from Bennett Orchards