



# PUMPKIN PEANUT BUTTER BOARD

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This Pumpkin Peanut Butter Board is a festive and crowd-pleasing treat perfect for fall gatherings! Featuring a creamy spread made from smooth peanut butter blended with spiced pumpkin puree, it's rich, indulgent, and perfectly balanced with hints of cinnamon, nutmeg, and a touch of maple syrup.

### Ingredients

½ cup smooth **peanut butter**

½ cup **100% canned pumpkin puree**

¼ cup **maple syrup**

½ tsp **pumpkin pie spice**

½ tsp **kosher salt**

Optional dippers:  
apple and pear slices  
and graham crackers

### Directions

1. Mix peanut butter with pumpkin puree in a bowl until well combined. Add maple syrup, pumpkin pie spice and kosher salt and mix until slightly thickened and well blended. (Makes about 1¼ cups.)
2. Smooth spread over the center of a cutting board using a rubber spatula, flat knife or spoon, making decorative waves. Scatter sturdy slices of fruit (I love apple and pear slices), along with graham cracker squares around the perimeter.



*Recipe adapted from  
Healthy Recipe From Joy Bauer*