

STRAWBERRY MINT INFUSED WATER

Strawberry Mint Infused Water

Is a sweet and invigorating drink that blends the juicy, natural sweetness of fresh strawberries with the cool, refreshing flavor of mint leaves. Packed with subtle fruity and herbal notes, it's a delightful way to add a splash of flavor to your daily water routine.



Ingredients

1 cup **strawberries** (stems removed and cut in half) Handful of **mint**

Directions

- 1. Add them to a mason jar or water pitcher and fill with water.
- 2. If you want to get really fancy, you can slap the mint leaves in the palm of your hand to help pull out more of their minty flavor.

Recipe is per 32 fluid oz.